



## Colorful vegetable rice



*Categoria*  
Vegetariano



*Tempo de preparação*  
Médio



*Dificuldade*  
Fácil



*Custo*  
Low



*Com quem?*  
With family



*Nº de pessoas*  
2 pessoas

### Ingredientes



To taste: Gallo Extra Virgin  
Olive Oil My First Olive Oil

- 1 thin slice of tofu
- 1 piece of chinese cabbage
- 1 small piece of carrot
- 100g of pork
- To taste: salt

### Modo de preparação

1

Cut the pork and carrots into dices, put into the pot together with cold water into, stew for an hour.

2

Cut the chinese cabbage and tofu into small dices, take out stewed meat and carrot dices, and chop into mince.

3

Put a small amount of Gallo Extra Virgin Olive Oil My First Olive Oil, put the mixed vegetables dices and fry, sprinkle a little baby salt or soy sauce. The meal is ready!

### Produtos utilizados



*My First Olive Oil*  
Extra Virgin Olive Oil



Mais receitas em  
[www.galloportugal.com](http://www.galloportugal.com)

© 2022 Todos os direitos reservados à Gallo Worldwide