



Egg rice porridge cooked with olive oil



Categoria
Vegetariano



Tempo de preparação
Rápido



Dificuldade
Fácil



Custo
Low



Com quem?
With family



Nº de pessoas
2 pessoas

Ingredientes



3-4 drops of Gallo Extra Virgin Olive Oil My First Olive Oil

- 1 small bowl of rice porridge
- 1 egg
- Salt, to taste

Modo de preparação

1

Prepare ingredients, whisking the egg into the egg mixture.

2

Pour rice porridge into a small milk pot, and boil up. Drop 3-4 drops of Gallo Extra Virgin Olive Oil My First Olive Oil into the porridge and boil up.

3

Add the egg mixture, circle and mix with chopsticks while boiling up, making rice porridge, egg and olive oil completely mix with each together; add a little salt as seasoning.

4

After the porridge is cooked, cool it a little bit and feed your baby. Your baby will love tis delicious and healthy porridge.

Produtos utilizados



My First Olive Oil
Extra Virgin Olive Oil



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