



Wellington Steak



Tempo de preparação Médio

Dificuldade Fácil

`€. Custo High

Com quem? With friends

Nº de pessoas 4 pessoas

Ingredientes



💔 To taste: Gallo Premium Extra Virgin Olive Oil Late



💔 To taste: Gallo Extra Virgin

- 4 loin steaks
- 1 chopped shallot
- 6 chopped mushrooms
- 150g of spinach
- 1 chopped garlic clove
- 4 ham slices
- · 2 puff pastries
- 2 beaten eggs
- · Salt, to taste
- · Garlic powder, to taste
- · Pepper, to taste

Method of preparation

8

Season the steaks with salt, garlic powder and pepper. 1 Then, heat a bit of Gallo Extra Virgin Olive Oil in a pan. Let it 2 heat well. Cook the steaks 1 minute on each side. Remove from the heat 3 and reserve. In the same pan, add a drizzle of Gallo Extra Virgin Olive Oil 4 and sauté the shallots, together with the garlic, for 1 minute. Add the mushrooms, mix well and cook for 3 more minutes. 5 Add the spinach and cook for 2 minutes or until they cook, 6 but not for too long. Season with salt and pepper and let it cool down. Pre-heat the oven at 190°C. 7

Wrap the steaks with slices of ham.



Produtos utilizados



Late Harvest
Extra Virgin Premium Olive Oil



Extra Virgin
Extra Virgin Olive Oil

