



Mortadella, mushroom and parsnip quiche









Com quem?
With family

№ de pessoas 4 pessoas

Ingredientes



- 1 roll of shortcrust pastry
- 6 eggs
- 100ml cream
- 400ml semi-skimmed milk
- · 200g mortadella
- 100g mushrooms
- 50g parsnips
- · Ground pepper to taste

Modo de preparação

Sauté the mortadella cut in thin strips in olive oil and, when it 1 is ready, add the already sliced mushrooms. Mix the eggs, the cream and the milk, whisking until you 2 obtain an homogenous liquid. Place the shortcrust pastry in the quiche mould, as well as the 3 sauté mortadella and mushrooms. Pour a dash of olive oil on top. 4 Add the egg mixture and sprinkle with grated parnships. 5 Cook in the oven at 175º for approximately 25-30 minutes. 6 Let it cool a bit and slice it.

Produtos utilizados



Mild
Extra Virgin Olive Oil



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